

Kingston Police and Kingston Borough Neighbourhood Watch Newsletter November 2018

A summary of Kingston Police and NHW news for the Borough as a whole. Do let us know if there are any other areas you would like future newsletters to cover by emailing Alison.J.McWhinnie2@met.police.uk

Met. Launches 2018 Christmas Tree Appeal



This week, the Met has once again launched our charity appeal to ensure thousands of children across the capital receive a gift this Christmas.

In the run up to the launch, thousands of children entered a competition to design a poster to promote the annual appeal. Every borough selected a local winner, who attended New Scotland Yard today with their families. The children also received certificates recognising their participation and got to meet police dogs and horses at the event.

Commissioner Cressida Dick was joined by the overall poster competition winner, 10 year-old Anna-Rose Donegan from Barnet, and they both got the appeal underway by switching on the Christmas tree lights outside New Scotland Yard.

Anna-Rose's "Merry Copsmas" poster design showing a sleigh being pulled by a police car, was chosen from a total of almost 4,000 entries from children across London.

The gifts that were bought by the public in last year's appeal, as well as monetary donations, enabled 19,000 gifts to be delivered to children across London.

Commissioner Cressida Dick said: “This is the second year that I have had the privilege of launching this amazing charity appeal which has been an annual event since 2012. Christmas is a time for giving and who more worthy of receiving that generosity than children in care, in hospital, or otherwise in need.

“Our Christmas Tree Appeal grows and grows each year showing the generosity and goodwill of officers, staff and fellow Londoners. My deepest thanks go to all those who donate and to all the children who have taken part in the poster competition.”

The gifts will be given to children aged from one-week to 17-years-old and benefits those in need across all London boroughs. The children are currently being cared for by foster parents, in residential care homes, in refuges, in hospitals, or are children from low-income families. All gifts will be delivered to the children before Christmas Day.

🎄 To get involved, you can visit the website - www.met.police.uk/christmastree and follow the instructions there.

Top gift tips

🎁 The suggested spend for gifts this year is no more than £20.

🎁 Nothing with batteries as these may not be easily replaced.

🎁 No foodstuffs, as you will not know the food intolerances of the child you are buying for.

🎁 Nothing with an internet connection function as again this may not be available to the child.

🎁 Donations of wrapping paper is always a must too as we'll have a lot of presents to get wrapped ready for the delivery sleigh.

🎁 Our boroughs will also be holding “Community Wrapping Days” which will be published on our social media network where we will offer a few lucky elves the chance to come and help with the sorting out of this massive undertaking. We normally suggest that whoever comes along to bring some festive snacks for all to share to help the Christmas spirit flow! (But obviously no actual “spirits”, it's still a police station after all!)

🎁 You can also donate online to a chosen charity at www.met.police.uk/christmastree This year's charity is Embrace. Embrace Child Victims of Crime (CvoC) is the only national children's charity solely focused on helping children and families affected by crime.

Chief Executive Officer for Embrace, Anne Campbell said: “We are thrilled to partner with The Met for their popular Christmas Tree campaign, helping Embrace put a smile on the face of even more child victims of serious crime and their families across the capital.”

🎁 For more information about Embrace, please visit www.embracecvo.org.uk.

🎄 To donate directly, follow this link:

<https://www.justgiving.com/fundraising/metxmastree2018> if you're unsure as to what to buy.

Kingston Borough Cyber Crime Monthly Summary – September 2018

In September there were **71** reports made to Action fraud by residents of Kingston borough.

The losses described over these **71** reports total **£331,250**

Meaning an average loss of **£4,665** per report.

The top 3 by **volume** (number of reports) type of fraud is as follows;

Online Shopping & Auctions	12 reports	£4,294	lost
Advance Fee	11 reports	£50,102	lost
None of the Above	11 Reports	£31,018	lost

The top 3 by **amount** reported lost:

Financial Investment Fraud	£74,825 lost	3 reports
Mandate Fraud	£73,750 lost	5 reports
Door to Door	£62,200 lost	3 Reports

Unfortunately there were some very high losses reported for a handful of reports (that have pushed up the average.) £70,000 of the Investment Fraud was for one report and £50,000 was lost to one report of Door to door fraud!

HMRC Scams counted for a third of the **Advance Fee/ None of the above** reports.

Many **door-to-door scams** involve the householder being tricked in to paying for products or services that are overpriced or of poor quality. An example of this is being approached regarding building or roofing repairs that are not necessary. The scammer may claim that the work is required to be done urgently and they can give you a good deal. They will put pressure on you to have the work done immediately and may ask for payment upfront. Often the work is not completed or if it is to a poor standard. You may also be overcharged for any work done.

Always check the identity of anyone you don't know who attends your home address. Representatives of large companies and organisations should carry id. If you want to check a callers identity do not call the telephone number shown on their id. Find a telephone number for the organisation on the internet or in a phone book and use this to make contact. If you are not happy about a person's identity do not let them in to your house.

Don't be forced in to making quick decisions. Scammers may put pressure on you by offering you a take it or leave it deal at the time of their visit, or claim that the repairs have to be done immediately to avoid more expensive future works.

Take time to consider your options and research costs from other providers.

If you feel pressured by a salesperson or are not happy with their behaviour ask them to leave. Be firm as they must leave if you ask them to.

Never pay upfront for goods or services you have not received.

Don't give out personal information unless absolutely necessary, particularly to someone you do not know or trust

Burglary

We hate it when our residents become victims of crime. Here are some tips to make it harder for the burglar.

Top Ten Tips for securing your home:

1. Don't leave your keys or ID documents within easy reach of doors, letterboxes or windows.
2. Close and lock all doors and windows. If you have multi-locking door handles, lift the handle, lock it with the key and remove it - LIFT - LOCK - REMOVE. Put the key in a safe place out of sight in case of fire.
3. Lock garages and sheds so garden tools and ladders can't be used to break into your home.
4. Keep side gates locked and wheelie bins stored behind them.
5. Use timer switches linked to lights and a radio so it appears that someone is at home.
6. Invest in a safe for valuables and sentimental items and securely fix it to a solid surface.
7. Install a burglar alarm. Use a reputable company approved by either of the two industry bodies, the National Security Inspectorate (NSI) and the Security Systems & Alarms Inspection Board (SSAIB).
8. Install low level 'dusk till dawn' lighting to increase visibility and deter burglars.
9. Keep side and rear boundaries high to restrict access and front boundaries low to remove hiding places.
10. Photograph and mark valuables and sentimental items with your postcode and house number/name. Do consider using Smartwater; further details are towards the end of this newsletter. Register items with serial numbers at: immobilise.com

Insecure house

“What opportunities do burglars look for?”



Two Charged with Kingston Murder

Detectives investigating the murder of 22-year-old Malik Chattun in Kingston on 5 August have charged two men.

They are:

[A] Finley Ahwan, 19 (24.09.99) of Worcester Park, Surrey;

[B] Kyle Hillman, 19 (02.09.99), of no fixed abode.

Both were arrested in August and subsequently bailed. They were charged with murder on Thursday, 1 November.

A 20-year-old woman [C] who was arrested on suspicion of assisting an offender has been bailed pending further enquiries to a date in early November

Surbiton Fire Station

History day

12th December @ 11am-3pm



Historical uniforms & Kit

Local History of the Station

Tea, coffee and a mince pie

Come and have a christmas Cuppa with your local Fire Fighters

31/33 Ewell Road Surbiton, KT6 6AF

New BBC Website for Music to Evoke Memories

<https://musicmemories.bbcrewind.co.uk/>

Music's ability to soothe the symptoms of dementia and Alzheimer's has been known for years.

Now, a new BBC website aims to help by connecting dementia patients with the songs they love.

Eventually, it's hoped the site will build a database of music that's effective at triggering memories.

"Music can have such a powerful effect," said Snow Patrol star Gary Lightbody, whose father suffers from dementia.

"It fires all sorts of things in the brain much more immediately than anything else can, whether it be pictures or old home movies or conversations.

"Music can somehow take you to a place of your youth, or an important part of your life you may not otherwise have access to."

Beyond that, **music therapy has been shown to alleviate depression**, anxiety, hallucinations and mobility problems in patients with mild to moderate Alzheimer's

Yet research shows only 5% of care homes in the UK provide good quality music programmes.

That equates to "30 seconds per week per person with dementia", according to research from the International Longevity Centre.

That's one of the reasons why the charity Playlist for Life has collaborated with the BBC on **the Music Memories website**.

The site - which launched on Friday as part of **BBC Music Day** - allows people to browse more than 1,800 songs, classical works and TV theme tunes from the last 100 years, creating a playlist of personally meaningful music.

Those playlists can then be shared - along with some basic information about the user's age, gender and place of birth - allowing carers to identify songs that could help others with a similar background.

The example we often give is that there's a famous Scottish lullaby called **Ally Bally Bee**," said Sarah Metcalfe from Playlist for Life.

"Most people in Glasgow have it on their playlist because it takes them back to their mum singing to them and feeling safe and loved.

"But if you're Glaswegian and you end up in a care home in Reading, the chances are nobody knows Ally Bally Bee. They've never even heard of it.

"And if we can begin to connect up what people like in different parts of the country, we can actually begin to help reach people."

Easyfundraising



Collect **FREE donations**
every time you shop online



1. Join



2. Shop



3. Raise



Did you know that whenever you buy anything online - from your weekly shop to your annual holiday - you could be raising a free donation for Kingston Borough Neighbourhood Watch? There are nearly 3,000 retailers on board ready to make a donation, including Amazon, John Lewis, Aviva, thetrainline and Sainsbury's – it doesn't cost you a penny extra!

It's really simple, all you have to do is:

1. Join.

Head to <http://www.easyfundraising.org.uk/causes/kingstonboroughneighbourhoodwatch/> and sign up for free.

2. Shop.

Every time you shop online, go to easyfundraising first, pick the retailer you want and start shopping.

3. Raise.

After you've checked out, that retailer will make a donation to your good cause for no extra cost whatsoever!

Co Op Home Insurance Discount

Neighbourhood Watch 10% discount offer

All new Co-op Insurance customers who are active members of a Neighbourhood Watch Scheme and purchase a home insurance policy directly from Co-op Insurance over the phone will receive a 10% discount for the first year of their policy. In order to claim this offer you will need to telephone their customer contact centre for a quote. An active member of a valid Neighbourhood Watch Scheme is someone who is designated as such by Neighbourhood Watch. The terms and conditions of this promotion do not alter or vary the terms and conditions of any Co-op Insurance home policy which may be purchased. The Co-op reserve the right to decline any application for any insurance policy in their absolute discretion and they are not obliged to disclose any reason for rejection. Please visit www.ourwatch.org.uk/exclusions-and-limitations/ for Exclusions and Limitations for this offer. A new customer is someone who has not had an Insurance policy of the same type with Co-op Insurance in the last 12 months. Home insurance lines are open from 8am- 8pm weekdays, 8am-5pm Saturdays and 9am-4pm Sundays. Applicants for insurance are subject to normal underwriting criteria.

Call the Co-op on 0800 781 1390 and quote code NHW10

Social Media

Kingston Police, Neighbourhood Watch and Business Watch are all on social media. We would love you to follow us:



@mpskingston

@KingstonNHW

@KBBusinessWatch



/mpskingston

/KingstonNHW

/KingstonBoroughBusinessWatch